



Central Carolina Synchro Classic

Central Carolina Skating Club
November 10-11, 2018

The Central Carolina Synchro Classic will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current Rulebook as well as any pertinent updates which have been posted on the U.S. Figure Skating web site.

This competition is open to all synchronized teams comprised of members who are eligible, restricted, reinstated, or readmitted persons, as defined by the Eligibility Rules, and currently registered members of a U.S. Figure Skating member club, a collegiate club or an individual member in accordance with the current Rulebook. Refer to the current rule book regarding eligibility of non-U.S. citizens.

This event is proud to participate in the National Synchronized Skating Challenge Series. Participation in this series is open to all Snowplow Sam Synchro, Synchro Skills 1, 2, or 3 teams and preliminary, pre-juvenile, open juvenile, open collegiate, open adult and open masters teams. Visit www.usfigureskating.org for more information on this series. Results of this event for participating teams will be reported to U.S. Figure Skating for calculation of the series results.

ELIGIBILITY / TEST AND AGE REQUIREMENTS: Skaters must meet the age requirements by the July 1st preceding this competition. Moves in the Field test requirements are as of the entry deadline.

ENTRIES:

Teams will register for the competition and pay entry fees and practice ice fees online via EntryEeze at www.centralcarolinasc.com. Entry deadline is 11:59 PM, Monday, October 1, 2018. Synchro Skills 1-3 and Snowplow Sam Synchro events will be run in accordance with the Learn to Skate USA Competition Manual (a maximum of 6 teams per group).

For Synchro Skills levels, if a team fits into one level age-wise, but would like more of a challenge, the team may "skate-up" one level (for example, team has majority of skaters under 9 years old but would like to skate in the Synchro Skills 2, they will be allowed).

IJS events will be offered at this competition.

Snowplow Sam, Synchro Skills 1, 2 and 3: Entry fees are \$50 per team plus \$10 per skater (including alternates). Synchro Skills 1-3 and Snowplow Sam Synchro events will be run in accordance with the Learn to Skate USA Competition Manual (a maximum of 6 teams per group).

All Other Events: Entry fee is \$540. Fee includes team entry, online video link to all programs available to all families, and critique with one of the competition's judges.

REFUND POLICY:

Entry fees will not be refunded after October 1st unless no competition exists or it is canceled. The online processing fees are not refundable. Checks returned for insufficient funds or contested credit card charges will be assessed a \$50 processing fee. Payment of the processing fee as well as entry and practice ice fees will be required before the team is allowed to participate in practice ice or events.

FACILITIES: The competition will be held at the Orange County Sportsplex, 101 Meadowlands Drive, Hillsborough, NC, 919-644-0339, www.oc-sportsplex.com. The rink is 200' x 85' with rounded corners and a hockey barrier.

LOCKER ROOMS AND CHANGING AREAS: This event will follow the Locker Rooms and Changing Area policy included in the SafeSport Handbook.

MUSIC: Each team's music will be uploaded to EntryEeze. Specific instructions will be provided following the registration deadline. **PLEASE have a duplicate CD readily available during the competition in case of playback difficulties. The CD must have only one track of music.**

LIABILITY: U.S. Figure Skating, Central Carolina Skating Club, and Orange Country Sportsplex accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

JUDGING SYSTEM:

The International Judging System (IJS) will be used for the following events:

- Juvenile
- Intermediate
- Novice
- Junior Short Program & Free Skate
- Senior Short Program & Free Skate
- Collegiate
- Adult
- Masters

The majority 6.0 Judging System will be used for the following events:

- Snowplow Sam Synchro
- Synchro Skills 1-3
- Preliminary
- Pre-Juvenile
- Open Juvenile
- Open Adult
- Open Masters
- Open Collegiate

All teams competing in a level judged under the IJS will be required to complete a Planned Program Content sheet. Each team's Planned Program Content sheet must be completed via the EntryEeze registration system by Thursday, November 8, 2018, 11:59 PM.

REGISTRATION: Registration will begin Wednesday, August 15th at 8:00 AM, and end Monday, October 1st, at 11:59 PM. The registration table will be located in the main lobby of the Orange County Sportsplex. Registration will be open one hour before the

first event and run through the last event of the day. One team representative should register on behalf of the team, as soon as the team arrives at the competition. Coaches, team managers, and team service personnel must register separately to receive their credential (see coaching requirements below).

ADMISSION: Each team will receive two (2) chaperones credentials. Spectators are welcome; no admission charge fee for spectators.

In order to receive a credential, each team manager, chaperone, and team service personnel must have completed the SafeSport Training and successfully passed a background check. Those that cannot produce proof that these have been successfully completed will not be provided a credential.

Team managers, chaperones, and team service personnel will be asked to pick up their own credentials. These credentials are only to be used by the team manager and team service personnel who originally picked them up and may not be shared. Anyone found using a credential who is not on the approved compliance list will have their credential privileges revoked for the duration of the competition and be brought to the attention of U.S. Figure Skating and the Ethics Committee.

Please see the [U.S. Figure Skating SafeSport Handbook](#) for more details.

PRACTICE ICE: Practice sessions will be available at Orange County Sportsplex. Practice ice reservations must accompany the team's EntryEeze competition entry. Practice ice is sold in 15-minute increments for \$110 each.

If a team would like more than one practice ice session, please note that on the entry form and submit payment. If LOC is unable to offer the additional practice ice session(s), a prompt refund will be issued to the team.

PHOTOGRAPHY / VIDEOGRAPHY: Videography services will be provided by Looking Glass Productions. Each team will receive a link and password to the Looking Glass Productions website to allow teams and parents to download their performances.

AWARDS: All awards will be presented in on-ice awards ceremonies at the conclusion of each competition day. Medals will be presented to each roster skater for teams placing 1st through 4th place in each event. For the Synchro Skills and Snowplow Sam events, ribbons will be awarded to each roster skater on teams that place 5th and 6th.

OFFICIAL NOTICES: An official bulletin board will be maintained at the registration table at OCSP. It is the responsibility of each competitor, parent, and/or coach to check the bulletin board frequently for any schedule changes and/or additional information. Skaters are requested to arrive a minimum of 45 minutes prior to the scheduled time of their event. **The official schedule of events will be posted no later than 14 calendar days prior to the commencement of the competition.**

INFORMATION REGARDING ALL COACHES:

To coach at a U.S. Figure Skating nonqualifying competition, a professional coach or choreographer:

- ✓ Must be a current full member of U.S. Figure Skating either through a member club or as an individual member.

- ✓ If 18 years of age or older, must submit the proper payment of \$20 through the U.S. Figure Skating Members Only website, and submit information for and successfully pass an annual background check.
- ✓ Must complete the CER SafeSport training course and any additional courses as required in MR 5.12 effective starting July 1, 2018.
- ✓ Must submit proof of general liability insurance with limits of \$1 million per occurrence/\$5 million aggregate.

The local organizing committee/club will have a list of coaches who are cleared for a credential at the competition. Coaches will need to check in at the event registration desk and show a government-issued photo I.D. to receive a credential. Coaches who are NOT on the list will need to show proof of membership in U.S. Figure Skating, proof of compliance, and a photo I.D. at check in. **If a coach cannot provide a photo I.D. and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential – no exceptions. We strongly urge all coaches to have their cards with them. Non-credentialed coaches will not be permitted in the designated coaching area at rink side during events including practice sessions.**

Any foreign coach will be required to present the LOC with a letter, from his/her Federation, verifying he/she is a member in good standing.

CONTACT INFORMATION:

For questions, please contact the following individuals:

Competition Co-Chair: Karen McClure karen.mcclure@duke.edu 919-414-2381

Competition Co-Chair: Courtney Vander Poppen cxp14627@gsk.com 919-358-0313

Chief Referee: Judy Edmunds judyedmunds@gmail.com

ADDITIONAL INFORMATION:

Hotel information:

Home2Suites by Hilton – 866-215-4064 (7 miles)

Springhill Suites by Marriott – 919-403-1111 (7.1 miles)

Courtyard by Marriott – 919-309-1500 (7.3 miles)

Comfort Inn – 919-490-4949 (7.3 miles)

Homewood Suites – 919-401-0610 (7.3 miles)

Durham Hilton – 919-383-8033 (7.8 miles)

- The closest airport is Raleigh-Durham International (RDU), approximately 25 minutes from the rink. Piedmont Triad International (PTI) in Greensboro is approximately 50 minutes west.

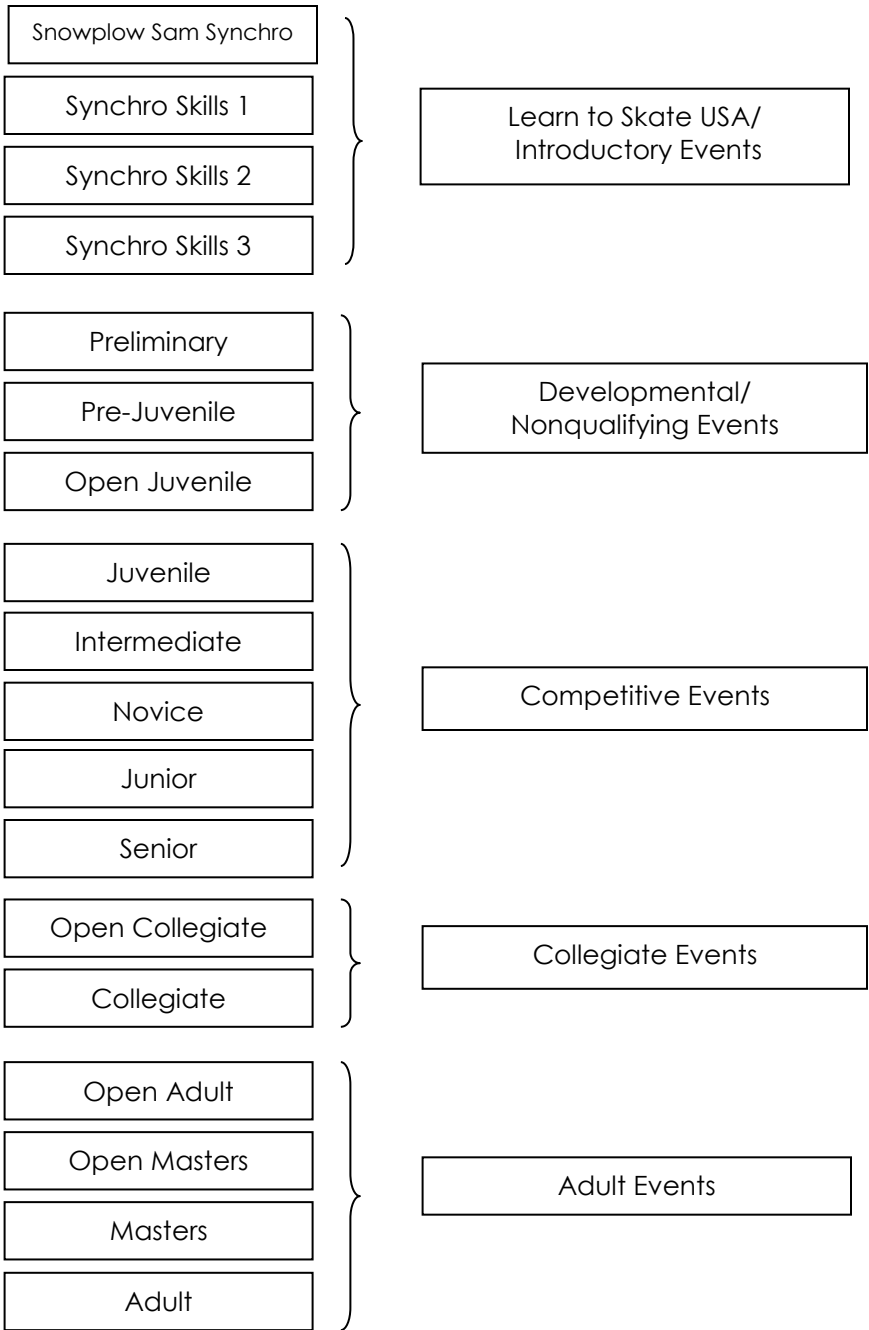
- Tentative schedule will be available by October 27th, emailed to coaches and team managers, and available online on the EntryEeze registration site and at www.centralcarolinasc.com.

EVENTS OFFERED:

See the current rulebook/website for current rules and ISU communications.

<http://www.usfigureskating.org/story?id=84114>)

Illustration of Synchronized Skating competitive pipeline and events; age restrictions, test requirements, and program duration are on the next page:



- A. Snowplow Sam Synchro** A team of 5-12 skaters. The majority of the team must be under 7 years old. No skaters may have passed higher than a preliminary test. Program duration: maximum 2 minutes, 10 seconds.
Rules:
<http://www.usfigureskating.org/programs?id=84096&menu=synchronized>
- B. Synchro Skills 1:** A team of 8 to 16 skaters. The majority of the team must be under 9 years old. No skaters may have passed higher than a preliminary test. Program duration: maximum 2 minutes, 10 seconds.
Rules:
<http://www.usfigureskating.org/programs?id=84096&menu=synchronized>
- C. Synchro Skills 2:** A team of 8 to 16 skaters. The majority of the team must be under 12 years old. No skaters may have passed higher than a preliminary test. Program duration: maximum 2 minutes, 10 seconds.
Rules:
<http://www.usfigureskating.org/programs?id=84096&menu=synchronized>
- D. Synchro Skills 3:** A team of 8 to 16 skaters. The majority of the team must be at least 12 years old. No skaters may have passed higher than a preliminary test. Program duration: maximum 2 minutes, 10 seconds.
Rules:
<http://www.usfigureskating.org/programs?id=84096&menu=synchronized>
- E. Preliminary:** A team of 8 to 16 skaters. All skaters must be under 12. The majority of the team must be under 10.
Program duration: 2 minutes.
Well balanced program: Rule 9480
- F. Pre-Juvenile:** A team of 8 to 16 skaters. The majority of the team must be under 13.
Program duration: 2 minutes, 15 seconds.
Well balanced program: Rule 9470
- G. Open Juvenile:** A team of 8 to 16 skaters. Skaters must be under 20 and have passed the pre-preliminary moves in the field test.
Program duration: 2 ½ minutes.
Well balanced program: Rule 9460
- H. Juvenile:** A team of 12 to 20 skaters. Skaters must be under 13 and have passed the pre-juvenile moves in the field test.
Program duration: 2 minutes, 30 seconds
Well balanced program: Rule 9450
- I. Intermediate:** A team of 12 to 20 skaters. Skaters must be under 18 and have passed the juvenile moves in the field test.
Program duration: 3 minutes
Well balanced program: Rule 9440
- J. Novice:** A team of 12 to 20 skaters. Skaters must be under 16, with the exception that up to 4 team members may be 16 or 17. All must have passed the intermediate moves in the field test.
Program duration: 3 minutes
Well balanced program: Rule 9430

- K. Junior:** A team of 12 to 16 skaters. Skaters must be at least 13 and under 19 on the preceding July 1. All skaters must have passed the novice moves in the field test.
Short program duration: Maximum 2 minutes, 50 seconds
Free skate duration:- 3 minutes, 30 seconds
Well balanced program and short program: Rule 9420
- L. Senior:** A team of 16 skaters. Skaters must be at least 15 on the preceding July 1 and have passed the junior moves in the field test.
Short program duration: Maximum 2 minutes, 50 seconds
Free skate duration: 4 minutes
Well balanced program and short program: Rule 9410
- M. Open Collegiate:** A team of 8 to 16 skaters. Skaters must have a high school diploma or equivalent and be enrolled in a college or university as a full-time student, as of the entry deadline.
Program duration: 2 minutes, 30 seconds
Well balanced program: Rule 9495
- N. Collegiate:** A team of 12 to 20 skaters. Skaters must have a high school diploma or equivalent and be enrolled in a college or university as a full-time student, as of the entry deadline, and have passed the juvenile moves in the field test.
Program duration: 3 minutes, 30 seconds
Well balanced program: Rule 9490
- O. Open Adult:** A team of 8 to 16 skaters. The majority of skaters must be at least 19 years or older.
Program duration: 2 minutes
Well balanced program: Rule 9520
- P. Open Masters:** A team of 8 to 16 skaters. Skaters must be at least 25, and the majority of the team must be at least 30.
Program duration: 2 minutes
Well balanced program: Rule 9530
- Q. Masters:** A team of 12 to 20 skaters. Skaters must be at least 25, and the majority of the team must be at least 30.
Program duration: 2 minutes, 30 seconds
Well balanced program: Rule 9510
- R. Adult:** A team of 12 to 20 skaters. All skaters must be at least 21 with the exception that up to four team members may be 18, 19 or 20 years of age. All skaters must have passed either the preliminary moves in the field test, the adult bronze moves in the field test, the preliminary figure test or the preliminary dance test.
Program duration: 2 minutes, 30 seconds
Well balanced program: Rule 9500

Teams are permitted to have a maximum of four alternates, in addition to the maximum number of athletes allowed on the ice at their level.

Crossover Rules:

No team may be comprised of more than 50% of athletes that are also on any other team. This applies to both the entire roster and the athletes that are skating on the ice at any given competition.

The chart below illustrates the levels where crossover skaters are allowed. The shaded areas indicate no crossovers are allowed. An "X" indicates crossovers are allowed between the two levels, providing all requirements are met as defined Rules 7200 – 7530, in addition to the statement above.

	Snowplow Sam Synchro, Synchro Skills 1, 2 or 3	Preliminary	Pre -Juvenile	Open Juvenile	Juvenile	Intermediate	Novice	Junior	Senior	Open Collegiate	Collegiate	Open Adult	Open Masters	Masters	Adult
Snowplow Sam Synchro, Synchro Skills 1, 2 or 3															
Preliminary															
Pre - Juvenile															
Open Juvenile															
Juvenile						X	X								
Intermediate					X		X	X	X						
Novice					X	X		X	X						
Junior						X	X		X		X				
Senior						X	X	X			X				X
Open Collegiate															
Collegiate								X	X						X
Open Adult															
Open Masters															
Masters															X
Adult									X		X			X	